



KWAZULU-NATAL GYMNASTICS UNION

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Email to : Clubs , Schools and KZNGU Board Members
From: MAG HP –Jesse
Date: 12 March 2015

CIRCULAR 10 / 2015

MAG– Establishment of Squads & Training

Further to the HP meeting with the national Federation held on 30 January 2015 it was resolved to set up 3 squads for MAG – This is the chance to be identified and be part of potential future Commonwealth Games as well as other prestigious events. This will improve the strength of our province; coaches will learn and share ideas from one another, gymnasts will have a spurt in motivation, they will pick up skills faster, and this will create a strong culture early in the gymnast's career. These squads are based on Commonwealth Games years (for senior international competitions MAG must be 18 – this will determine the age ranges in the squads). Our squads will be divided into 3 categories as follows:

Gold Team: 2018 candidates Born in year 2000 or earlier	Silver Team: 2022 candidates Born in 2001-2004	Bronze Team: 2024+ candidates Born in 2005 or later
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Dates & activities

Date	Time	Discipline	Venue	Activity
Friday 20 March 2015	15h00 > 18h00	MAG	Ptn Gym	Training for Gold and Silver
Saturday 21 March 2015	10h00 > 12h30	MAG	Ptn Gym	Training for Gold and Silver
Friday 17 April 2015	15h00 > 18h00	MAG	Ptn Gym	Mixed Pairs comp. -G, S
Saturday 18 April 2015	10h00 > 12h30	MAG	Ptn Gym	Training for all 3 squads
Friday 22 May 2015	15h00 > 18h00	MAG	Ptn Gym	Training for Gold and Silver
Saturday 23 May 2015	10h00 > 12h30	MAG	Ptn Gym	Training for all 3 squads
Mon 29 June > Wed 1 July	09h00 > 14h00	MAG	Ptn Gym	Training camp all squads
Friday 25 September 2015	13h00 > 17h00	MAG	Ptn Gym	Training for Gold and Silver
Saturday 26 Sept. 2015	10h00 > 12h30	MAG	Ptn Gym	Training camp all squads
Saturday 14 November 2015	10h00 > 14h00	MAG	Ptn Gym	All 3 squads & prize giving



Official Provincial Association for: Gymnastics for All, Artistic Gymnastics, Rhythmic Gymnastics, Aerobic Gymnastics, Rope Skipping and Tumbling & Trampoline. Affiliated to the South African Gymnastics Federation

MAG Squads

Please find the proposed squads as taken from results during 2014 – if any club feels that there are gymnasts that have been omitted please report with coach to the 1st MAG session for evaluation

Gold			Silver			Bronze					
2018			2022			2024 onwards					
First Name	Last Name	DOB	First Name	Last Name	DOB	First Name	Last Name	DOB			
1	Siphesihle	Biyase	27/05/1991	1	Luke	James	2002	1	Reece	Olsen	17/07/2006
2	Michael	Robbertze	06/11/1995	2	Pasquale	Shields	12/12/2002	2	Finn	Calenborne	08/02/2006
3	Lindokuhle	Sithole	25/03/1993	3	Andrew	Flynn	2003	3	Kamohelo	Letsunyane	20/02/2006
4	Christopher	Campos	06/02/1999	4	Liam	Randall	2003	4	Matthew	Swan	12/01/2006
5	Tyler	Osborn	22/04/1999	5	Troye	Swan	30/04/2004	5	Jake	du Buisson	30/01/2006
				6	Amaan	Nadvi	19/04/2004	6			
				7	David	Cockbain		7			
				8	Henry	Van Wyk		8			
				9	Uldrich	Tait		9			
				10	Jordan	McCallister		10			

Coaches

Julie and Jesse have agreed to co-ordinate the project however every club that has a gymnast that attends a session must provide a coach as well – the idea is to learn from each other and both gymnasts and coaches will benefit – it is imperative that we have enough coaches on duty to assist the gymnasts make the most of every session.

Finance (important part...)

We are very fortunate to have funding available from both the Department of Sport and Recreation and the Lotto – coaches will be paid an honoraria for each sessions that they attend and travel will be assisted for those coaches that travel from outside of the eThekweni metro.

Once the detail budget has been completed (dependant on numbers) it is hoped that squad clothing will be possible and light refreshments during each session.

